



Dear Bigs,

We are your new Community team! At the beginning of each month, we will send out this newsletter with activity ideas throughout the service area. February is the shortest month of the year and will fly by! That is all the more reason to plan ahead with some of these great match activities. Don't miss all of the outdoor opportunities, like Light Up Sledding! Plus, don't forget to do your own event research by visiting the website of your local library. Have a wonderful month!

All the best,

Thank you for all that you do!

The Community Team



FEATURED ACTIVITY

Snowshoeing at Broad Meadow Brook

Snowshoeing is a great winter activity that provides good exercise and a chance to explore the great outdoors during a beautiful season. The sanctuary makes it easy and inexpensive, and they rent snowshoes in all sizes from child to adult. Snowshoes can be used anytime there is 6 inches or more of snow on the ground. Come explore over 5 miles of sanctuary trails and enjoy the beauty and peacefulness of the winter woods!

Tuesdays- Saturdays, 9AM- 3:30PM, Broad Meadow Brook Conservation Center and Wildlife Sanctuary
414 Massasiot Road, Worcester, MA 01604
Cost is \$5/ hour.

Click [HERE](#) for details.



FOOD ACTIVITY

Kids Eat Free!

Do you and your Little like to eat? Here's a way to make it more affordable! With the purchase of an adult entrée—kids (mostly 12 and under) eat free at the following places:

Texas Roadhouse—Tuesday nights (starting at 3:30 PM)

Ruby Tuesday—Tuesday nights

Moe's Southwest Grill—Tuesday nights

UNO Chicago Grill—Tuesday nights

Denny's—Tuesday nights

Bertucci's—Wednesday nights (after 4PM)

99 Restaurant—day after the Red Sox win

IHOP—Thursdays from 4PM- 10PM



FOOD ACTIVITY

Free Healthy Cooking Class

WIC of Framingham/Waltham offers The Good Food Project cooking classes, which encourage you to explore and understand different and exciting ways to prepare budget friendly meals. Come for the 30 minute class to hear about the preparation and taste what has been created, or come 30 minutes early and assist in the preparation, learn about the basics of cooking and preparing meals, cooking safety and knife skills. Free and open to the public.

Tuesdays at 4 PM and Fridays at 3 PM;

SMOC, WIC Office 7 Bishop Street, 1st Floor,
Framingham, MA 01702

Check the [Facebook](#) page for the most up-to-date schedule.



FOOD ACTIVITY

Learn How To Make Your Own Chocolate

Have you always wonder how to make chocolate? You can learn how to make chocolate at the Worcester Main Library. This event is on February 12 from 4:00pm to 5:30pm. This event is for children 13 to 17 years old.

This event is for free! February 12th, 4:00PM- 5:30P
Worcester Public Library 3 Salem Square, Worcester MA
01608

Click the [link](#) for details.



STEM ACTIVITY

Crystal Hearts Valentines Science

Experiment

Growing crystals is actually pretty easy to do at home and makes a great science and chemistry experiment for kids. This Crystal hearts Valentines Science Experiment makes a great science craft and decoration to try with kids. We love holiday themed science and STEM activities, and I think it really helps his love of science to come out! CRYSTAL HEARTS VALENTINES SCIENCE EXPERIMENT This crystal hearts Valentines science experiment is a set it up and forget about it kind of experiment like our crystal snowflakes! Growing crystals is definitely a classic science experiment that you must try!

Click the [link](#) for details.



STEM ACTIVITY

Slime Your Heart Out!

Do you love slime? At this event you can make slime for Valentine's Day. You will have to call for availability. This free event is on February 9, 2019 from 1:00pm to 3:00pm. Multiple locations!

Click the [link](#) for details.



STEM ACTIVITY

Everyday Engineering: Engineer a Bird Feeder

Celebrate National Engineers Week!

Brrr...it's cold outside and it's getting harder for animals to find food, let's help them out! Can you design your own birdfeeder from the materials provided? Engineer a birdfeeder and hang it in Discovery Woods for the birds, or bring your bird feeder home to feed you feathered friends in your own backyard! National Engineers Week is sponsored by Raytheon.

This event takes place Saturday February 16th - Sunday February 17th 11am - 2pm. Drop in and this event is free with admission to the Discovery Museum. 177 Main St Acton, MA 01720

Check [here](#) for more details.



ART ACTIVITY

Harry Potter Crafternoon

Accio crafters! Our Harry Potter celebration continues with a fun craft at the library. Drop by for Wandmaking 101 or younger children are invited to make their own pet owl. All materials will be provided. Families welcome! No registration required.

Wednesday Feb 20, 2019 from 1:00 PM- 4:00 PM
Northborough Library 34 Main St, Northborough, MA
01532

Click on the [link](#) for more details.



ART ACTIVITY

Heart Candy Box

Celebrate love and kindness with a personalized candy heart box. In this workshop, you and your child can build a heart shaped box for Valentine's Day perfect as a gift for someone you love or to stash all your super sweet Valentine's Day goodies and keepsakes. Once the heart is built, your child can customize it with paint and stickers. All Kids Workshop attendees must be accompanied by a parent or adult at all times. All kids get to keep their craft, receive a FREE certificate of achievement, a Workshop Apron, and a commemorative pin while supplies last.

Saturday, February 2nd 9:00 AM- 12:00 PM

Multiple Home Depot locations. Registration is recommended.

Click [here](#) for more details.



COMMUNITY ACTIVITY

Greendale YMCA Open House

Our Annual President's Day Open House...featuring lots of fun and membership specials! This is a free event! It will take place Monday, 18 February, 2019 from 09:00 AM - 02:00 PM.

Greendale YMCA 75 Shore Dr Worcester, MA 01605

Click this [link](#) for more details.



COMMUNITY ACTIVITY

Black Girls CODE Boston Chapter Presents: Black Future Month with MOSAIC

Location: Staples Headquarters, 500 Staples Headquarters, Framingham, MA, 0172

Date: Tuesday February 19, 2019

Time: 11:30am - 4:00pm

Audience: Girls 13-17 years old

MOSAIC is a Staples associate resource group that is dedicated to enriching black communities inside and outside Staples. As part of their February Black Future Month activities, MOSAIC is inviting the Boston Chapter

of BGC to their Framingham campus for a full experience of a career in tech! The free event starts with a networking lunch hosted by "Women in Technology." From there, Staples associates and BGC will gather in the auditorium to take part in a Women of Color in STEM Discussion Panel, where Staples technology associates will answers questions about their career, education and personal life. The day concludes with a tour and demo of our tech facilities and interaction with our mobile development team.

Click [here](#) for further details.

Click [here](#) if you cannot make it to this event but interested in a similar event.



COMMUNITY ACTIVITY

Movie Matinee in Celebration of Black History Month

Location: Worcester Public Library, 3 Salem St,
Worcester, MA 01608 in Saxe Room

Date: Saturday, February 2, 2019

Time: 11:30am - 1:30pm

Come watch a free showing of movie 42. History was made in 1947, when Jackie Robinson broke the professional baseball race barrier to become the first African American MLB player of the modern era. 42 tells the life story of Robinson and his history-making signing

with the Brooklyn Dodgers under the guidance of team executive Branch Rickey. Rated PG13

Click [here](#) for more details!



COMMUNITY ACTIVITY

Movie Matinee in Celebration of Black History Month

Location: Worcester Public Library, 3 Salem St, Worcester, MA 01608 in Children's Room

Date: Saturday February 9, 2019

Time: 2:30pm - 4:15pm

Age Range: Children 12 and under

Watch a free showing of the movie, Polly, with your Little. Polly chronicles the adventures of an orphan sent to Harrington, Alabama, to live with her aunt -- a very wealthy and influential black woman in a small divided town. Aunt Polly is prim, proper and often cold toward her new charge. Despite many setbacks, Polly's "gladness" game just might thaw the townsfolk and her aunt.



COMMUNITY ACTIVITY

Black Culture Movie Matinee for Kids: Our Friend Martin and Animated Heroes Harriet Tubman

Date: Saturday, February 23, 2019

Time: 2:00pm - 5:00pm

Location: Worcester Public Library, 3 Salem St,
Worcester, MA 01608 in Saxe Room

Come watch a free showing of Our Friend Martin and
Animated Heroes Harriet Tubman with your Little.



OUTDOOR ACTIVITY

Winter Carnival 2019

This event is a free community event in Acton, MA. There's
activities for all ages and it's a great way to get outside
during the winter months.

Sledding, Ice Skating, Snow Broomball, Campfire,
Marshmallow Toasting, Snowball Toss, Wish Lantern
Launch, Model Rockets, Music, Food Vendors, and More!

All activities are subject to change. Some activities require
a fee for participation. Bring your own skates, sleds and
helmets. Hosted by the Town of Acton.

*Please visit their [website](#) closer to the event date for
updates!*



OUTDOOR ACTIVITY

Light Up Sledding Lanes Chestnut Hill Farm

Come to this free event to enjoy sledding at Chestnut Hill
Farm!

Dates: Saturday, February 2, 2019- Saturday, March 9, 2019

Hours: 4:30pm- 8:30pm

Location: 7 Chestnut Hill, Southborough, MA, 01772

Click [here](#) for more details!



EXPLORE ACTIVITY

Movie Matinee at Oxford Free Library

Want to enjoy a movie with your Little? The first Saturday of every month you can watch a free movie at the Oxford Library at the Library Meeting Room at 10:30am.

Location: 339 Main St, Oxford, MA 01540

Click [here](#) for more details!



EXPLORE ACTIVITY

Featherland Ice Skating Rink

Location: 491 Concord Road, Sudbury, MA, 01776

Phone: 978-443-1092

Dates: Tuesday, January 15, 2019 - Friday, March 1, 2019

Cost: Free

Bring your Little to Featherland Park and the Fairbank Community Center for outdoor skating! The areas will be lit from 4:00 - 11:00 PM each night. Bring your own skates.

Click [here](#) for more details!



MUSIC ACTIVITY

Conversations In Jazz

Date : Monday, February 11, 2019

Age Group: Grade Levels 3 - 6

Location: Mechanics Hall, 321 Main Street, Worcester, MA 01608

Cost: Free, Registration Required

Come and learn about a musical discovery of jazz history, from its African roots to New Orleans style (Dixieland), to big band, bebop and modern styles. Performers: WPI African Dance & Percussion Ensemble, WPI Stage Band, Belmont High School Jazz Choir, The Rivers School Conservatory Select 1 Jazz Combo. Students experience professional and amateur musicians — all high-caliber and all inspirational!

Click [here](#) for more details!



CRAFT OF THE MONTH

Faux Stained Glass Paper Hearts

- This craft is for all ages!
- Celebrate Valentine's Day with a 'Stained Glass Heart' using construction paper and tissue paper! You will need the following:

- Construction paper
- Tissue paper
- Craft glue (or Mod Podge®)
- A glue stick
- Scissors
- Wax paper
- An old paintbrush

Click [here](#) for full instructions!

Contact Us

Big Brothers Big Sisters of Central Mass & MetroWest

484 Main St. Suite 360

Worcester, Massachusetts 01608

(508) 752-7868

Samantha: Ext. 15

Alicia: Ext. 24

Alex: Ext. 13

[Manage Subscription](#)